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. What was the statistics of breast cancer from 1980 to the present

Based on statistics from 1980 to the present, breast cancer incidence rates initially climbed before stabilizing or increasing slightly again, while mortality rates have seen a long-term decrease. These trends have varied significantly by age and ethnicity and are affected by factors like screening rates and treatments. [↗](#)

Incidence rates

- **Up and down curve:** In the U.S., breast cancer incidence climbed between 1980 and 2000, largely due to the widespread adoption of mammography screening.
- **Brief decrease:** Rates dropped in the early 2000s, which is believed to be linked to a decline in the use of hormone replacement therapy following the publication of the Women's Health Initiative study.
- **Recent increase:** A slight but notable increase in incidence has occurred since the mid-2000s. From 2012 to 2021, the overall rate rose by 1% per year. This increase is most significant among younger women and certain minority groups. [↗](#)

Mortality rates

- **Steady decline:** Breast cancer death rates for women in the U.S. have decreased steadily since 1989, for an overall decline of 44% through 2022. This significant drop is attributed to improved breast cancer treatments, better early detection through mammography, and increased public awareness.
- **Declining but slowing:** More recently, progress in reducing mortality has slowed. The annual decline rate dropped from 2–3% during the 1990s and 2000s to about 1% annually from 2010 to 2022.
- **Plateau for some groups:** For certain populations, mortality rates have stopped declining. A 2025 study noted this alarming new trend in women over 74 and under 40. [↗](#)

Trends by population group

- **Racial disparities:** Racial disparities in mortality persist, with Black women continuing to have higher breast cancer death rates than White women. However, some data from 2019 to 2023 shows a more significant decline in mortality rates for Black women (1.5% per year) compared to White women (1% per year).
- **Age and ethnicity:** From 2012 to 2021, the incidence rates of breast cancer increased most sharply in women younger than 50 (1.4% per year) and among Hispanic and Asian American and Pacific Islander women. [↗](#)

Key contributing factors

- **Hormone therapy:** The rise and fall in the use of menopausal hormone therapy has significantly impacted incidence rates, particularly for estrogen receptor-positive

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* Breast cancer incidence rates over time. In the 1980s and 1990s, the rat...

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Oct 10, 2025 — Between 1980 and 2000, breast cancer incidence rate...

Breast Cancer.org

Breast cancer incidence, 1980-2006: roles of menopausal ...

Aug 1, 2007 — Results: A total of 7386 i
invasive breast cancers were diagnose

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Rate of breast cancer in younger women. [🔗](#)

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- ↪ What lifestyle changes can lower breast cancer risk?
- ↪ Elaborate on reasons for increased incidence in younger women and specific ethnic groups?
- ↪ What are the current recommendations for mammography screening?